

Costume

- All Costume pieces
- All Accessories
- All Undergarments
- All Props

- Extra tights
- Extra shoes
- Extra shoe ribbons/ties
- Extras of any costume jewelry
- Extra bra straps
- Pins and extra closures
- Lint brush
- To-Go Laundry Pen
- Body adhesive
- Sewing and shoe-repair kit
- Shoe polish
- Scissors
- Static guard
- Double-sided tape
- Hot glue

Makeup

- Foundation
- Concealer
- Eye shadow and eyeliner
- Mascara
- Blush
- Lipstick and lip liner
- Powder
- False eyelashes (2 pair) and eyelash glue
- Glitter or other required novelties
- Application tools and brushes
- Q-tips and cotton balls
- Baby or makeup-removal wipes
- Sharpeners
- Clear nail polish
- A mirror

Hair

- Hairbrushes or combs
- Bobby pins
- Hair nets or wig cap
- Styling sprays, gels, and creams
- Elastic hair bands
- Spray bottle for water
- Heat or styling devices
- Any false hair accessories

Hygiene & Beauty

- Cold cream, Vaseline, or makeup remover
- Lightly-scented body spray or perfume
- Deodorant (clear)
- Feminine supplies
- Tweezers
- Nail clippers
- Nail polish remover
- Moisturizers
- Razor and shaving cream
- Facial tissues
- A roll of toilet paper
- Travel toothbrush and toothpaste
- Eyewear or Contact Lens Needs

First Aid

- Clear adhesive bandages in different sizes and shapes
- Blister bandages and products
- Ace bandages and wraps
- Hot and cold packs
- Ointments
- Pain, Dramamine, Antacids, and other over-the-counter medicines
- Prescribed medication

Don't forget patience and a positive attitude!

Food & Drink

- A water bottle
- Wipes
- Paper towels or napkins
- Healthy snacks and fruit
- Small cooler
- Garbage bags

More Useful Items

- Your music CD (if it's your responsibility) and back-up
- Collapsible baskets or hampers
- Extra sandwich or sealable bags
- Hangers, clothespins, or collapsible clothing racks.
- Something that brings you luck or makes you feel good
- A note pad or journal
- Pens, sharpies, or label-maker
- An mp3 player and headphones
- Batteries or chargers
- Cash
- Extra clothing, shoes, and underwear for later
- Coloring books, reading material, homework, other stuff to do
- Your camera (to capture backstage fun) and/or phone
- Knits and other layers of clothing for staying warm and for modesty
- Warm-up aids like rollers, massage balls, or resistance bands
- Slip-on shoes or booties and extra socks
- Towel
- Blanket and/or Pillow

Your Dance Competition/ Performance Checklist

DanceAdvantage.net

Did you put each costume, as well as its accessories into its own bag and label it?

Did you roll clothing items to save space and reduce wrinkles?

Did you label bags, totes, carrying cases with your name and how to reach you?